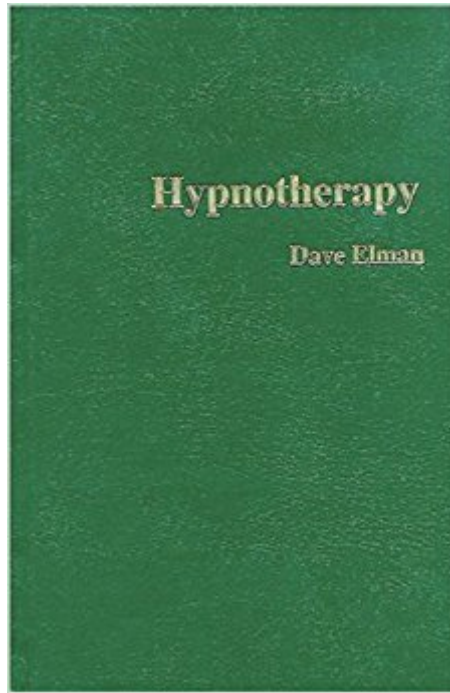




The book was found

Hypnotherapy



Synopsis

Hailed as a classic in its field. Elman's major work is a forceful and dynamic presentation of hypnosis as a lightning-fast and amazingly effective tool in a wide range of therapies. A useful and practical summation of one of the pioneers in hypnotherapy. Elman trained more physicians to use hypnosis than anyone before or since.

Book Information

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Customer Reviews

Hailed as a classic in its field. Elman's major work is a forceful and dynamic presentation of hypnosis as a lightning-fast and amazingly effective tool in a wide range of therapies. A useful and practical summation of one of the pioneers in hypnotherapy. Elman trained more physicians to use hypnosis than anyone before or since.

I loved this book and am reading through it a second time so I can take notes. Elman shares his wisdom and advice for everything from somnambulism to the Elsdale state. He also offers a chapter each on common health problems, ranging from allergies to phobias to sleep problems. It's funny to read a book written in the 60s, because you can see how far we've come as far as queer and women's liberation. Totally great book!

A must read for those interested in Hypnotherapy. Seems a little outdated in language but it has very useful information and would be helpful for the beginner or someone with experience.

Great book, a must-have for ALL hypnotherapists! Arrived used, but looks brand new! Only thing missing is the dust jacket, not a concern. Thank you!!

I was a bit put off by the high price of this book, but it was definitely worth the read. For anyone interested in the possibilities of hypnosis for modern medicine and dentistry, this book is a must-read. Dave Elman was a master hypnotherapist, teaching physicians, dentists and psychologists back in the 1950s how to do what they should already have been taught in their training. This book is full of stories, examples and dialogues with clients that demonstrate his ability to work successfully with a stunning array of people. It is truly amazing that it has taken over 50 years since his work in order for hypnosis to begin emerging as the tool for personal transformation that it is. Although the history of hypnosis is much older than that, it has long suffered the indignity of scorn by those who don't understand it, fear it or simply believe it can't really work. The book gives examples of induction methods, including what is now called the classic "Dave Elman Induction", as well as the use of hypnosis in dozens of physical and mental conditions. Since these uses are reserved today only for licensed professionals, and since licensed professionals usually shy away from or shun anything that is not considered mainstream, hypnosis is most often used today for behavior modification issues, such as weight loss or smoking cessation. Yet this book is still valuable to the non-professional, as it demonstrates to the reader the tremendous ability of the mind to control physical experience, habit patterns and emotional reactions. Although this book is fascinating, without the guidance of a live instructor it cannot really be used as a practical learning tool. Although it seems there is almost nothing Dave Elman can't handle successfully with hypnosis, the reader may be left feeling a bit inadequate, as his physician students often did, when trying to duplicate his efforts. Obviously there is a lot to be said for intuitive skill in this area.

Still reading. From what I have read so far and what I have been told, this really is the definitive basis and should be in the knowledge base and library of any serious student of this subject. I have read most of the newer important writings and I still am finding this to be quite worthy of my time. If you are on the fence, I recommend waiting for a decent deal and then making the purchase.

The most exciting book on hypnosis I have ever read! I wish I had come across this book when I first began to study hypnosis. I feel like everything else I have ever learned about hypnosis is only half truths and ego tripping compared to this. This is the real deal - forget everything else you have ever learnt about hypnosis as you read this book - you will finally understand exactly what hypnosis

is and how simple it really is to use it. You will be an incredible hypnotist if you do!

A must have for every serious Psychologist and hypnotherapist

Yes, I love this book. It's easy to read, very interesting and written in a manner that keeps me reading it. I'm learning many things that help me in my Hypnotherapy class. The book reached me quickly and I began trading it right away. I'm very happy with the book, the delivery process and making it easy to purchase

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